

About the Program:

- 6-session program
- Runs May - October 2026
- 3rd Monday morning of the month
 - Limited to 35 participants
- Graduation Luncheon immediately following session 6

Sessions are facilitated by BristolWORKS!, a strategic partner of the Chamber. The program begins with a leadership style assessment to help guide & inform participants personal & professional growth during the training.

Fee*:

Chamber Member: \$1,500

Non-Member: \$1,900

*Includes Instruction, Course Materials, and Refreshments

Sponsored by:



Central CT Chambers of Commerce
The Executive Suites at
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The Central Connecticut Chambers of Commerce proudly serves the businesses of Bristol, Burlington, Farmington, Plainville, Plymouth, Thomaston, Wolcott, and BEYOND!

Central Connecticut
Chambers of Commerce

one region. one voice.

Leadership Program

A 6-session program

Grow as a leader

See the community differently

Build powerful relationships

Strengthen your career

Become part of the region's future

Sessions 1 - 3

1

Core Leadership Skills

May 18th / 8:00 a.m. - Noon

Location: Central CT Chambers Office

- Team-building exercises & networking
- Leadership styles & self-awareness
- Ethical leadership & decision-making
- Conflict resolution & difficult conversations

2

Culture, Opportunity & Access

June 15th / 8:00 a.m. - Noon

Location: Central CT Chambers Office

- Inclusive leadership practices
- Cultural competency
- Building equitable workplaces and communities
- Accessibility and belonging in leadership

3

Business & Economic Literacy

July 20th / 8:00 a.m. - Noon

Location: Central CT Chambers Office

- Workforce development & talent pipelines
- Entrepreneurship and innovation
- Financial fundamentals for non-financial leaders

Sessions 4 - 6

4

Professional Development

August 17th / 8:00 a.m. - Noon

Location: Central CT Chambers Office

- Time management and prioritization
- Leading through change
- Stress management and resilience
- Career pathing and leadership presence

5

Communication & Influence

September 21st / 8:00 a.m. - Noon

Location: Central CT Chambers Office

- Public speaking and presentation skills
- Media training and storytelling
- Negotiation and persuasion
- Building credibility and trust

6

Tell Your Story

October 19th / 8:00 a.m. - Noon

Location: Central CT Chambers Office

- Workshop: Telling your leadership story through communication & media

**Graduation Luncheon -
invite your manager!**